

5th February 2019

Re: Nut Allergy

Dear Parent(s)/Guardian(s),

It has come to our attention that one of our students has experienced an anaphylactic reaction to exposure to nuts. Anaphylaxis is a severe and potentially life threatening reaction and may occur within minutes of exposure to the allergen. The allergen in this case is nuts, including peanuts, cashew, almond, pine, walnut and pistachio. As a result, the school is required to introduce a ban on nuts and nut containing products both in the school and during school activities.

Whilst I realise that nuts are a healthy and convenient snack for most of us and may form the basis of many school lunches they can also pose a serious risk to others. I am writing to request your co-operation with this initiative which is being put in place to safeguard the health of our student.

An education programme for all students and staff in relation to nut allergies and anaphylaxis commenced today and nut containing items are no longer available in the school canteen. Students are being asked to refrain from sharing snacks and are encouraged to wash their hands before and after eating to minimise the risk of transferring any nut containing material. Additional information is available from <https://www.hse.ie/eng/health/az/a/anaphylaxis/>

Your co-operation with this important health and safety procedure is greatly appreciated.

Is mise le meas,

Róisín Moore
Principal